Hepatitis C Virus (HCV) NS3 Drug Resistance for Genotype 1a
Test Code: 30600

Clinical and Procedure

Clinical Utility
The Hepatitis C Virus (HCV) NS3 Drug Resistance for Genotype 1a assay detects NS3 (nonstructural protein 3) mutations and polymorphisms in HCV genotype 1a that are associated with resistance to direct-acting protease inhibitors (antivirals) glecaprevir (in Mavyret®), grazoprevir (in Zepatier®), paritaprevir (in Viekira Pak/XR® and Technivie®), simeprevir (Olysio®), and voxilaprevir (in Vosevi®). The assay is intended to be used for patients with HCV viral loads who are being screened prior to treatment with the direct-acting HCV protease antivirals, or during treatment with these antivirals when drug resistance is suspected.

About HCV
HCV infection is the most common chronic bloodborne infection in the U.S., with approximately 3.2 million people chronically infected and an additional 17,000 (approx.) new infections acquired annually. The HCV NS3 serine protease plays a critical role in viral pathogenesis and serves to cleave the viral polyprotein at several points, releasing the component viral proteins. Multiple mutations causing resistance to FDA-approved HCV protease inhibitors have been defined, and the levels of increased resistance for each mutation have been calculated using HCV replicons or reporter constructs. Some of the mutations cause resistance to multiple protease inhibitors. Knowledge of these mutations is important in patients since an incomplete suppression of viral replication by an ineffective drug combination could prevent a sustained viral response (“cure”), and could readily support the development of antiviral drug resistance. In addition to detection of drug resistance during treatment, a screen for the protease Q80K variant in subtypes 1a is recommended prior to the use of simeprevir. The manufacturer’s package insert for the protease inhibitor simeprevir (Olysio®) states as follows: “Screening patients with HCV genotype 1a infection for the presence of virus with the NS3 Q80K polymorphism at baseline is strongly recommended. Alternative therapy should be considered for patients infected with HCV genotype 1a containing the Q80K polymorphism.”

Procedure
Hepatitis C Virus (HCV) NS3 Drug Resistance for Genotype 1a assay utilizes RT-PCR amplification with primers in highly conserved viral genomic regions to amplify HCV genotype 1a. The fragments are purified and sequenced using sequencing primers from conserved regions of the fragments. The sequence is compared to a database of mutations associated with antiviral resistance. This test has not been cleared or approved for diagnostic use by the U.S. Food and Drug Administration.

Turnaround Time
4-11 business days from specimen receipt.

Specimen Information

<table>
<thead>
<tr>
<th>Specimen Type</th>
<th>Order Code</th>
<th>CPT Code</th>
<th>NY Approved</th>
<th>Volume</th>
<th>Assay Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plasma</td>
<td>30600</td>
<td>87902</td>
<td>No</td>
<td>2 mL (min. 1mL/min. viral load of 1000 IU/mL)</td>
<td>Resistant/None Detected</td>
</tr>
</tbody>
</table>

Special Instructions
- Collect 4-5 mL whole blood in EDTA, ACD or PPT.
- Centrifuge and transfer 3 mL plasma to a sterile, screw top tube.
- Ship frozen in dry ice Monday through Friday.
- Stability: Not stable ambient, 3 days refrigerated, 30 days frozen.
<table>
<thead>
<tr>
<th>Specimen Type</th>
<th>Order Code</th>
<th>CPT Code</th>
<th>NY Approved</th>
<th>Volume</th>
<th>Assay Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serum</td>
<td>30600</td>
<td>89702</td>
<td>No</td>
<td>2 mL (min. 1 mL/min. viral load of 1000 IU/mL)</td>
<td>Resistant/None Detected</td>
</tr>
</tbody>
</table>

**Special Instructions**
- Collect 4-5 mL whole blood in red top tube or SST.
- Centrifuge and transfer 2 mL serum to a sterile, screw top tube.
- If the specimen was collected in SST, the entire tube can be shipped following centrifugation.
- Ship frozen in dry ice Monday through Friday.
- Stability: Not stable ambient, 3 days refrigerated, 30 days frozen.

**Shipping**
Ship Monday through Friday. Friday shipments must be labeled for Saturday delivery. All specimens must be labeled with patient's name and collection date. A Viracor Eurofins test requisition form must accompany each specimen. Multiple tests can be run on one specimen. Ship specimens FedEx Priority Overnight® to: Viracor Eurofins, 1001 NW Technology Dr., Lee's Summit, MO 64086.

**Causes for Rejection**
HCV RNA concentrations too low to allow antiviral resistance testing (see above for minimum volume and viral load), subtypes other than those indicated, whole blood frozen, specimens beyond their acceptable length of time from collection as listed in the specimen handling, or specimen types other than those listed.

**Disclaimer**
Specimens are approved for testing in New York only when indicated in the Specimen Information field above. The CPT codes provided are based on Viracor-IBT's interpretation of the American Medical Association's Current Procedural Terminology (CPT) codes and are provided for informational purposes only. CPT coding is the sole responsibility of the billing party. Questions regarding coding should be addressed to your local Medicare carrier. Viracor-IBT assumes no responsibility for billing errors due to reliance on the CPT codes illustrated in this material.

**References**
- Ng et al. Abbvie poster number THU-305 Apr 2017.
- Product Insert, Paritaprevir (VIEKIRA PAK)®, HIGHLIGHTS OF PRESCRIBING INFORMATION. Dec 2014.